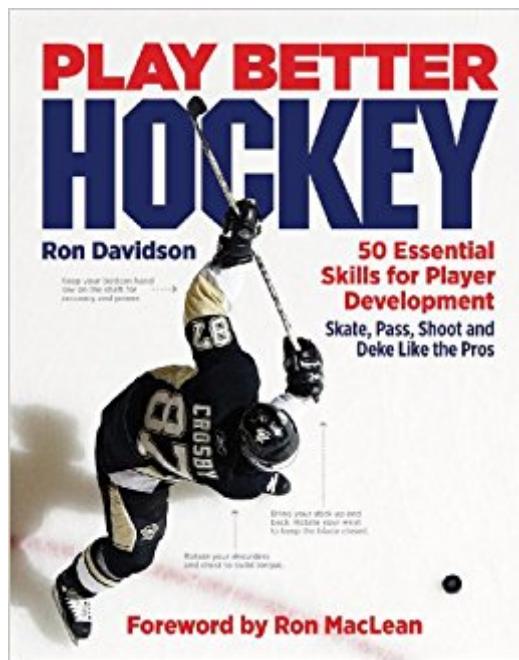


The book was found

# Play Better Hockey: 50 Essential Skills For Player Development



## Synopsis

Ron Davidson's 50 fundamental hockey skills and tactics will empower players to excel individually at this team game. At last! A book that focuses on the development of individual hockey skills and promotes a mastery of body positioning, skating and stick work. Learning these skills gives players a strong fundamental understanding of how to move effectively on the ice in any gameplay situation. The skills are organized in four sections: Fundamentals, Skating Techniques, Stick Work, and Dekeing and Deception. As the reader progresses through a chapter, the level of difficulty of each skill increases, ultimately covering every fundamental move and technique needed for an outstanding and total comprehension of the play. Davidson's progressive-learning approach teaches beginners the proper techniques, hones the skills of intermediate-level players and challenges elite players with the additional skills they need. Among the 50 critical skills presented in this eye-opening collection are: Forward stride Backward crossover Drive and delay Heel-to-heel turns Tight turns Extending your reach Receiving off-target shooting The Forsberg deke The Datsyuk deke

## Book Information

Paperback: 144 pages

Publisher: Firefly Books (September 2, 2010)

Language: English

ISBN-10: 1554076382

ISBN-13: 978-1554076383

Product Dimensions: 7.8 x 0.9 x 9.8 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 23 customer reviews

Best Sellers Rank: #472,667 in Books (See Top 100 in Books) #18 in Books > Sports & Outdoors > Coaching > Hockey #131 in Books > Sports & Outdoors > Hockey #295 in Books > Sports & Outdoors > Winter Sports

## Customer Reviews

At last! A book that focuses on the development of individual hockey skills. (Joe Pelletier Hockey Book Reviews 2009-06-29)Coaches and parents you now have the chance to have an instruction manual on hockey skills. Ron Davidson has put a book together with great instructions on skating, shooting, and handling the puck...Davidson gives you the how, now you have to pass it on and make sure the player and you are having fun doing it. (The Toronto Sun 2010-10-31)This is a book

that many aspiring hockey players have been anticipating. Former player and hockey instruction consultant Ron Davidson has written a clear, detailed guide for developing individual hockey skills. Using high quality photographs of some of the NHL's finest players to demonstrate the skills, Play Better Hockey promotes a mastery of body positioning, skating, and stick work (Hometown Hockey, Ontario Minor Hockey Association)Coaches and parents you now have the chance to have an instruction manual on hockey skills. Ron Davidson has put a book together with instructions on skating, shooting, and handling the puck. He includes 50 essential skills to develop a hockey player. There are tips in here for the beginner and the pro. Davidson is an energetic, enthusiastic hockey man who once set up hockey skill schools while living in Peterborough... You may know him best as being the instructor of Hockey Night in Canada, but he's also a former OHL player and played in Europe. This book states a lot of the obvious, but the directions are clear... Even if you're a beginner coach or parent you can take the instructions and adapt most of his skills to instruct the child... Davidson gives you the how, now you have to pass it on and make sure the player and you are having fun doing it. If it's fun, the student won't even know he or she is practising. (Ed Arnold London Free Press 2010-11-22)Davidson makes the point in his introduction that even those well versed in the sport of hockey can learn -- the greats are great because they never stop learning and practicing. The technical knowledge contained within the book is fantastic but is not overwhelming due to the highly visual presentation.... This book is laid out in a way that even a beginner like me can follow it through and get some good ideas -- or at least an understanding of what is happening in the good 'ole hockey game. However, the advanced beginner or aspiring player would get a lot more from it. Davidson has laid out the topics from gearing up to skating essentials down to dekeing and deception to breakaways and all the puckhandling, passing and shooting you can wish for in between. This book would appeal to anyone who wants to learn more about hockey or a hockey player that wants to learn how to play a stronger game. (Alison Edwards Resource Links 2010-12-01)

Ron Davidson played on Canada's national team at the Lake Placid Olympics in 1980. He has directed hockey camps, schools and clinics in Canada, the U.S. and throughout Europe, and he has directed schools and clinics for the NHL's Phoenix Coyotes and Ottawa Senators. His hockey-skill philosophies and teachings are seen on CBC's Hockey Night in Canada in a segment called "Think Hockey." Ron MacLean is the host of the iconic Hockey Night in Canada and co-host of "Coach's Corner." One of Canada's most beloved sportscasters, MacLean has hosted events such as the Olympics and has won eight Gemini Awards, which honor the best in Canadian television. He is a

prominent supporter of minor hockey and is a Hockey Canada certified level 5 referee.

First off, I got the paperback, it's large and glossy, and is full of glossy color pictures. Very nice print. Great book, I'm in my 20s learning hockey for the first time. This book in my opinion is better than going onto YouTube and watching all the videos.... I've watched lots of vids on YouTube to try to learn the basic techniques of skating, and playing hockey. They all seem to just do the move and tell you what they are doing, but not explaining it, because they don't know the detail of what they are doing. This book starts with basics, and goes on to advance, it talks about the basics of skating, to crossovers, stopping, sharp turns... Then the basics of how to hold a stick, to shot types, passes types, and later a lot of dykes. Great the way it's mapped out with diagrams and pictures of NHL players performing the moves. It's very technical and detailed so you can break it down, and acutely learn them. I found it very helpful reading a chapter or two, then going to the rink and applying it. For an adult who never skated before this book really helped with the basics and a lot more.

Good book. Some of the skating explanations can be a little hard to follow. But the book covers many of the most important skills in order to play or coach good hockey.

Brought this for a friend for her birthday, and she loves it. I almost wanted to keep it for myself... And I'm a goalie!!! Great tips, really informative, and relating it to NHL players makes it really interesting and fun to read :)

Good read for hockey enthusiasts or for those who play or just want to become more familiar with the game

Really good book compared to other books on the market. Very nice pictures and descriptions of various "skills". Wish it would include tips on how to develop skills on the Defensive side of the puck. I'm happy with it though!

Great book. Perfect for all levels of hockey. Great photographs and explanations. Highly recommend this book for any hockey lover.

This book won't make you a better hockey player, but it has tons of fun facts and information about hockey and some great pictures to demonstrate concepts. My 8/9 year olds enjoy looking at it.

Great technical manual, excellent accompaniment to lessons

[Download to continue reading...](#)

Hockey Workout: Complete Off-Season Hockey Workout: Hockey agility & speed drills, hockey plyometric workouts, hockey core exercises, hockey weight training and anaerobic training for hockey players. Play Better Hockey: 50 Essential Skills for Player Development Hockey: Hockey Made Easy: Beginner and Expert Strategies for Becoming a Better Hockey Player How To Build The Rugby Player Body: Building a Rugby Player Physique, The Rugby Player Workout, Hardcore Workout Plan, Diet Plan with Nutritional Values, Build Quality Muscle Spalding's Athletic Library - The Games of Lawn Hockey, Tether Ball, Golf-Croquet, Hand Tennis, Volley Ball, Hand Polo, Wicket Polo, Laws of Badminton, Drawing Room Hockey, Garden Hockey Hockey Drill Book: 200 Drills for Player and Team Development The Hockey Play Book: Teaching Hockey Systems Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Essential Oils: Essential Oil Recipe Book - 30 Proven Essential Oil Recipes :: My Essential Oil Private Collection Vol. 1 (Private Collection Essential Oils) Coach's Guide to Game-Winning Softball Drills: Developing the Essential Skills in Every Player (International Marine-RMP) Professional Soccer Passing Patterns: Passing Patterns That Develop Technical Ability, Increase Coordination of Player Movements, Establish Timing & Rhythm, Increase Passing Accuracy and Player Focus Let's Talk Polo...: For the Polo Player...things you need to know. Written by the most famous and well respected female polo player in the world, Sunny Hale (Volume 1) Hard Core Hockey: Essential Skills, Strategies, and Systems from the Sport's Top Coaches Make Me the Best Hockey Player (Make Me the Best Athlete) Hockey For The Coach, The Player, And The Fan Roller Hockey: The Game Within the Game: A Player and Coach Handbook Hockey Player For Life (The Forever Friends Series) Hockey Player for Life Wayne Gretzky: Hockey Player (Ferguson Career Biographies) Hockey Journal: Boys Hockey Toys, Personal Stats Tracker , 100 Games, 7 x 10

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)